

# Little Bits of Love



Seams Like a Dream  
QUILT DESIGNS

...where dreamers become quilters

SLD1001



A sweet project!

Pattern includes 12" x 27" banner, 12" mini quilt and 13" x 53" runner.

## Cutting Directions

	Banner 3 blocks	Mini Quilt 1 block	Runner 6 blocks
<b>Fabric A</b> Background	Cut: (1) 4 1/2" strip	Cut: (1) 4 1/2" strip	Cut: (2) 4 1/2" strips
Sub cut into:	(3) 4 1/2" x 4 3/4" (3) 4 1/2" x 4 1/4"	(1) 4 1/2" x 4 3/4" (1) 4 1/2" x 4 1/4"	(6) 4 1/2" x 4 3/4" (6) 4 1/2" x 4 1/4"
<b>Fabric B</b> Background	Cut: (1) 4 1/2" strip	Cut: (1) 4 1/2" strip	Cut: (2) 4 1/2" strips
Sub cut into:	(3) 4 1/2" x 4 3/4" (3) 4 1/2" x 4 1/4"	(1) 4 1/2" x 4 3/4" (1) 4 1/2" x 4 1/4"	(6) 4 1/2" x 4 3/4" (6) 4 1/2" x 4 1/4"
<b>Fabric C</b> Inner Border	Cut: (2) 3/4" strips	Cut: (1) 3/4" strip	Cut: (3) 1" strips
Sub cut into:	(2) 3/4" x 24 1/2" (2) 3/4" x 9"	(2) 3/4" x 8 1/2" (2) 3/4" x 9"	(2) 1" x 48 1/2" (2) 1" x 9 1/2"
<b>Fabric D</b> Outer Border	(2) 2" strips	(2) 2" strips	(4) 2 1/2" strips
Sub cut into:	(2) 2" x 25" (2) 2" x 12"	(2) 2" x 9" (2) 2" x 12"	(2) 2 1/2" x 49 1/2" (2) 2 1/2" x 13 1/2"
<b>Binding+</b>	(3) 1 1/2" strips	(2) 1 1/2" strips	(4) 1 1/2" strips
<b>Backing*</b>	17" x 34"	17" square	19" x 60"

+ We use single fold binding for small projects. If you prefer double fold, cut binding strips 2 1/4" wide.

\* If you are having your quilt quilted by a long arm quilter, check with your quilter before you cut backing fabric.


## Dotty Heart- for 1 heart

**Fabric E - Main Heart Fabric** 

Cut: (1) 8" square

**Fabric F - Back of Heart** 

Cut: (1) 8" square

**Fabric G - Dots** 

Cut: (1) scrap about 7" square

## Scallop Heart- for 1 heart

**Fabric H - Main Heart Fabric** 

Cut: (1) 8" square

**Fabric I - Scallop Fabric** 

Cut: (1) 8" square

## Stripe Heart- for 1 heart

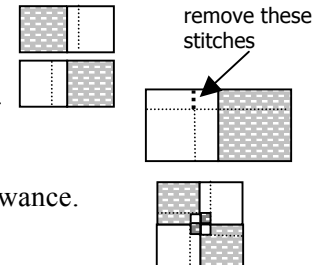
**Fabric J - Stripe Fabric** 

Cut: (1) 8" square – or scraps of multiple fabrics (I used 6) of varying widths (1" to 2 1/2" wide) x about 8" long

## General Directions

Read through all directions before beginning. Sew 1/4" seam unless otherwise specified. Seam allowances are built into the cutting directions. All pieces are sewn with right sides together (RST) unless otherwise specified. These directions show you one way to make four patch blocks. Feel free to use your favorite method- be sure to adjust the fabric amounts and cutting directions to suit your method. When indicating amounts in the directions: 3 (4) (6); the first amount will be for the banner, the middle amount for the mini and the last for the runner.

**Four Patch Pressing:** When making any block where four seams come together in the middle like a four patch, you can use a rotating pressing plan to help the block lay flat.



### Step 1

First sew the patches together with opposing seams.

### Step 2

Then remove the couple of stitches in the seam allowance.

### Step 3

Open the block up right sides down and rotate seam allowance. Press.

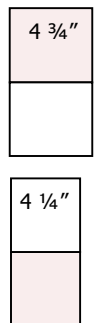
## Background Blocks-an off center four patch

### Step 1

Sew (1) 4 1/2" x 4 3/4" Fabric B to the top of (1) 4 1/2" x 4 3/4" Fabric A. Press to A. Make 3 (1) (6) units.

### Step 2

Sew (1) 4 1/2" x 4 1/4" Fabric A to the top of (1) 4 1/2" x 4 1/4" Fabric A. Press to A. Make 3 (1) (6) units.



### Step 3

Sew the unit from Step 2 to the left edge of unit from Step 1. Four Patch Press.  
Block should measure 8 1/2" square.



## Basic Fusible Appliqué Instructions

### Step 1

Trace appliqué templates onto paper side of fusible. For fusible appliqué, templates need to be the reverse of appliqué design.

For the dotty heart and the scallop heart, we have already reversed the templates for you, so just trace them! For the striped heart, you will need to reverse the large heart template.

### Step 2

Loosely cut around each piece about 1/4" away from drawn line. Accuracy is not necessary here.

### Step 3

Fuse to **wrong** side of fabric following manufacturer's directions for your type of fusible.

### Step 4

Cut out pieces along drawn lines. Peel away paper back.

### Step 5

Position cut pieces, right sides up on appliqué background squares. When pieces are positioned to your liking, fuse in place following manufacturer's directions.

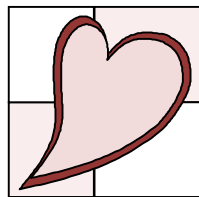
## Dotty Heart

### Step 1

Trace medium heart shape onto fusible. Cut out and fuse to Fabric E.

### Step 2

Trace large heart shape onto fusible. Cut out and fuse to Fabric F.



### Step 3

Cut out hearts.

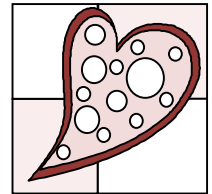
Center large heart shape in place on a background block.

### Step 4

Position medium heart on top of large heart shape. Fuse in place.

### Step 5- Optional dots

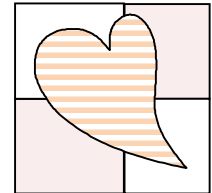
Trace dots onto fusible and fuse to Fabric G. Cut out dots. Position dots on heart following the pattern or in an arrangement to your liking. Once you are happy with the arrangement, fuse dots in place.



## Striped Heart

### Step 1

If you chose to use a striped fabric, trace large heart shape in **reverse** and fuse to striped fabric.



### Step 2

If you chose to make your own striped fabric, sew strips of varying widths together. Press in one direction. Trace large heart shape in **reverse** and fuse to striped fabric.

### Step 3

Center heart shape in place on a background block. (We also rotated the block so the smaller side is on the other side.) Fuse in place.

## Scallop Heart

### Step 1

Trace large heart shape and fuse to Fabric I. Cut out heart using a scalloped rotary cutter or free hand cut some scallops.

### Step 2

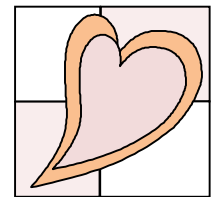
Center the scallop heart on a background block.

### Step 3

Trace the small heart shape onto fusible and fuse to Fabric H.

### Step 4

Position small heart on top of large heart shape. Fuse in place.



## All Hearts

### Step 1

Stitch around hearts as desired. We blanket stitched around the hearts and the dots. We straight stitched around and inside the scalloped heart.

For the striped heart, we embellished along each seam with spiffy machine stitches.

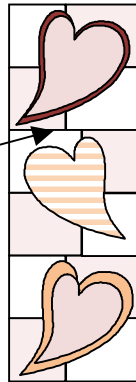
### Step 2

Sew (3) blocks together in a row for banner.

Sew (6) blocks together in a row for runner.

If you rotated the center block, the off center four patch blocks will be offset from one another by  $\frac{1}{2}$ ".

Press to one side.



## Borders- Banner

### Step 1

Sew (1)  $\frac{3}{4}$ " x 24  $\frac{1}{2}$ " Fabric C border to either side of banner.

### Step 2

Press to border.

### Step 3

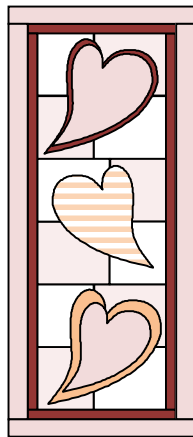
Sew (1)  $\frac{3}{4}$ " x 9" Fabric C border to the top and bottom of banner.

### Step 4

Press to border.

### Step 5

Repeat with Steps 1-4 with 1  $\frac{1}{2}$ " Fabric D borders.



### Mini Block

Repeat border directions.

### Runner

Repeat border directions- for long border pieces, piece strips together using diagonal piecing (see binding instructions on page 6, Step 4).

## Finishing

### Step 1

Optional: Extra backing fabric (or other fabric) can be used to make a hanging sleeve. Cut a piece of fabric 5" x 12". Finish 5" edges by turning under  $\frac{1}{4}$ " twice and stitching down. Fold sleeve in half wrong sides together for straight border. Set aside.

### Step 2

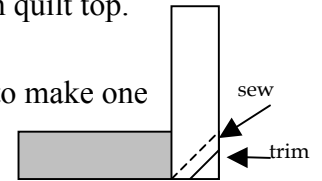
Mark quilting designs on quilt top.

### Step 3

Layer quilt top, batting and backing together. Baste together and quilt as marked. Trim batting and backing even with quilt top.

### Step 4

Sew binding strips RST with diagonal piecing to make one continuous piece of straight grain binding. Trim seam to  $\frac{1}{4}$ ". Press seams to one side.

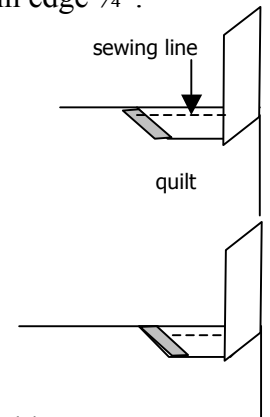


### Step 5

Trim one end of binding at a 45° angle and fold in edge  $\frac{1}{4}$ ".

### Step 6

Position binding RST with quilt top, keeping left edge free of seam allowance.

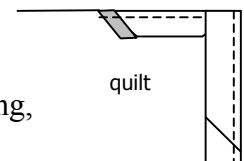


Attach binding to front of quilt top starting in the middle of one side with raw edges even and using  $\frac{1}{4}$ " seam.

### Step 7

To miter corners, stop sewing  $\frac{1}{4}$ " from corner, backstitch. Fold binding up to make a diagonal fold.

Keeping fold in place, fold binding straight down even with edges of quilt. Sew next side.



Repeat at each corner. When near the end of binding, tuck end into beginning fold and finish seam.

# Little Bits of Love

#1001

**Fabric amounts based on fabric 40" wide. FQ based on 18" x 22".**

Fabric amounts are rounded up to the next 1/8 yard.

Get extra if you want to allow for shrinkage or for cutting insurance.

Fabric	Banner 12" x 27"	Mini Quilt 12" square	Runner 13" x 53"
Fabric A&B- background	¼ yard each	¼ yard each	¾ yard each
Fabric C- border 1	¼ yard	¼ yard	¼ yard
Fabric D- border 2	¼ yard	¼ yard	¼ yard
Fabric E- dotty heart	¼ yard or (1) 8" square	¼ yard** or (1) 8" square	¼ yard or (2) 8" squares
Fabric F- back of dotty heart	¼ yard or (1) 8" square	¼ yard** or (1) 8" square	¼ yard or (2) 8" squares
Fabric G- dots on dotty heart	¼ yard or (1) 7" square	¼ yard** or (1) 7" square	¼ yard or (2) 7" squares
Fabric H- scallop heart	¼ yard or (2) 8" squares	¼ yard** or (1) 8" square	¼ yard or (2) 8" squares
Fabric I- back of scallop heart	¼ yard or (2) 8" squares	¼ yard** or (1) 8" square	¼ yard or (2) 8" squares
Fabric J- stripe ***	¼ yard	¼ yard**	¼ yard
Optional Yo-Yos	¼ yard	¼ yard	¼ yard
Backing	½ yard	½ yard or FQ	1 ¾ yards
Binding	¼ yard	¼ yard	¼ yard
Fusible Web- we like Lite Steam a Seam 2	½ yard	¼ yard	½ yard

\*\* You only need to make one heart for the mini quilt- choose one type and get that fabric.

\*\*\* For striped heart- you can buy striped fabric or make striped fabric from scraps- I used 6 fabrics to make my stripe. **Optional supplies:** Clover heart Yo-Yo makers, heart buttons, wavy rotary cutter

## Seams Like A Dream Quilt Designs

seamslikeadream.com  
info@seamslikeadream.com

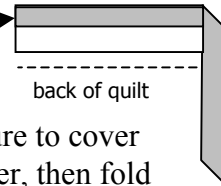
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### Step 8

If adding a hanging sleeve, center along back of quilt at top, raw edges even. Sew to quilt along seam line.

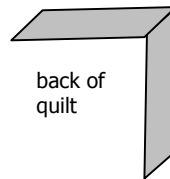
Fold in raw edge ¼".



Fold binding to back and hand stitch in place. Be sure to cover binding seam. Miter corners by stitching up to corner, then fold corner down on 45° angle to form miter.

Stitch edges of miter, then continue down next side.

Repeat at each corner. Hand stitch down bottom edge of hanging sleeve.



### Embellishments- optional

If you want to add yo-yo's to your quilt, follow the directions. We made our yo-yo's to scatter around the quilt. We also added some heart buttons to the yo-yo's.

We used both the small and large Clover heart yo-yo tools, but with these directions, you can make old fashions yo-yos too.

### Step 1

Cut a 4" circle out of your squares and fold over the edge a scant ¼".

### Step 2

Stitch close to edge with a longer stitch length.

### Step 3

When you get all the way around your circle, gently pull on your thread to gather the edges.

### Step 4

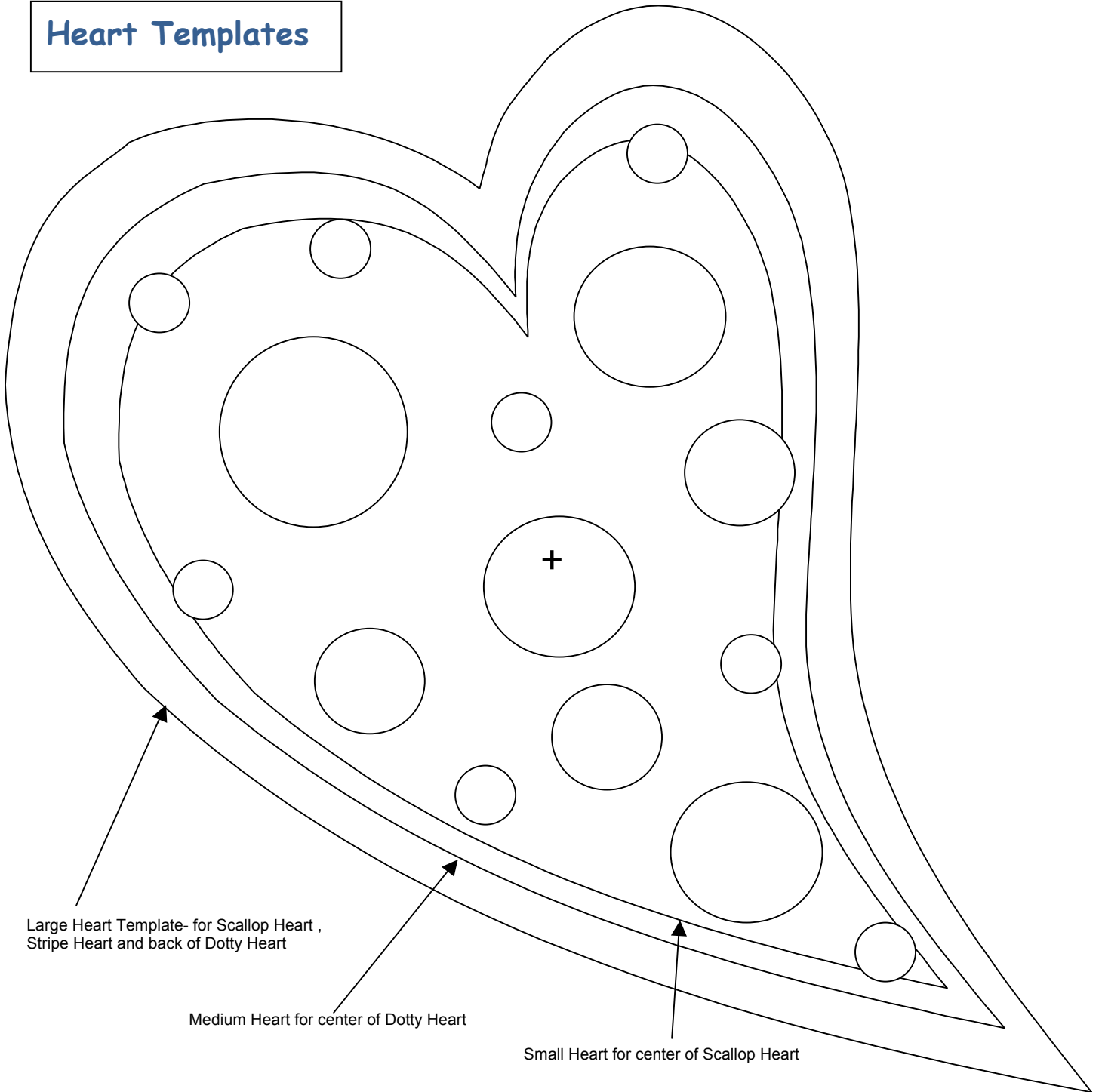
Take a couple of stitches to secure and knot off your thread. Voila! You have a yo-yo.

Happy quilting!

Kate



# Heart Templates



## Tip:

**Don't forget to reverse the large heart template for the Stripe Heart.**