

Week 7 - Shaded 4 Patch

We are so glad you are here with us for the sisterhood Quilt Along!

How are your blocks coming along?

I love reading the stories about each block including all the guest designer stories. Aren't they great?

This week we will be making blocks 6, 9, and 26!



Just in case you haven't started yet, to be able to make the quilt, you do need the pattern! Click below for links to purchase either the paper pattern or the PDF version.

Purchase PDF pattern

Purchase Paper Pattern



Shaded 4 Patch

The Shaded 4 Patch is a lovely unit. And one that has many names!!!

Here are just a few different names that this unit called: Jewel Box, Hidden Square, Mary's Triangles, Birds in the Air, Squared Triangles and Square and Triangles ...

and some of those names are also used for other units!

There are a few things to keep in mind when you approach this unit that shows up in many of the Sisterhood blocks.

First, the Shaded 4 patch is made up of 3 different pieces- a square, 2 small triangles and a large triangle.

The difference in the 2 methods is done starts with squares and triangles and one starts with squares and rectangles!

While we often recommend oversizing for ease of piecing, if you are following the Basic Instructions you should NOT oversize the small half square triangles. Your seam intersection will be more difficult to align correctly with the larger half square triangles. You CAN oversize the larger half square triangles and then trim down.

If you are making the Shaded 4 Patch using the Studio 180 technique, follow the diagrams closely. The mistakes we see most often are pressing the incorrect way (press to the WIDE rectangle) and drawing the 45 degree line the wrong way.

Pressing to the WIDE rectangle will expose the seam intersection when you sew the two subcut units together. The 45 degree lines that you draw must cross through that corner intersection! Not sure what we are talking about? See page 1 of Month 7.

Whatever method you choose, this unit is a great addition to your quilting toolkit!



As always, if you have not made this unit before, you might want to go grab some scraps and make a few practice units before diving into your Sisterhood blocks! Practice will improve your accuracy.

Also, if you would like any additional Shaded 4 Patch tips, there are links below to Tammy's blog post on and Kate's blog post on the Shaded 4 Patch!

Link to Kate's blog post - Shaded 4
Patch

Link to Tammy's blog post - Shaded 4 Patch

Strawberry Smoothie

Block 9 - Marie



Marie is going to use the partial quarter square triangle unit from Week 4 in combination with four identical Shaded 4 Patch units and a solid center. She is a great way to ease into making the Shaded 4 Patch units. Once you break down the block into units it is easy peasy.

Block 9 - Marie's Story

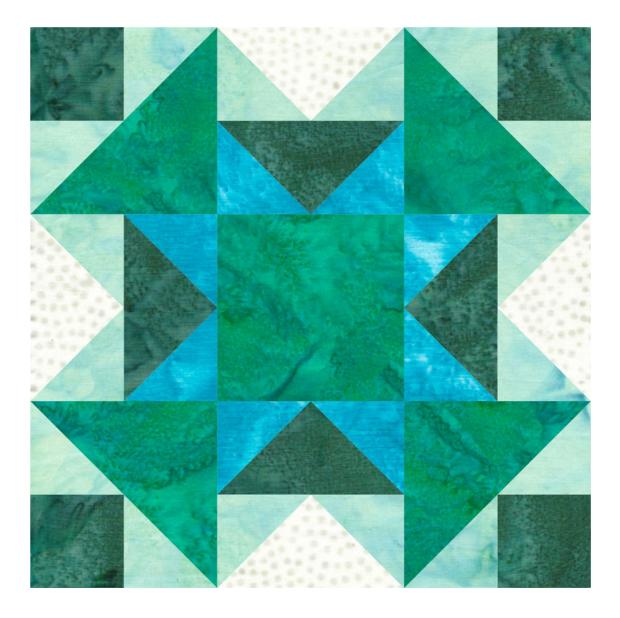
Kate:

Marie is my sister in law- or should I say one of my sisters in law- there are 3 of them! Hubby is one of 7 kids and Marie is #5- so squarely in the Middle. She is the second girl after a string of 3 boys... bet my in laws were glad about that!

Marie is the independent spirit! She can absolutely keep up with her brothers- is even close in height to them which is a feat as they are all over 6 ft tall (and so is Marie!) She is accomplished, devoted to her dog and a great helper to her boyfriend in his hot air balloon business.

We went to visit them in lowa once and got to be part of the "chase car" team! It was fun!

Block 26 - Estelle



Estelle is bringing back an old favorite from Week 2 - Flying Geese! You'll get to make two different sets of Flying Geese units AND four identical Shade 4 Patch units.

By now, you've done both types of units, and Estelle (just like her namesake) will be a joy to piece.

Block 26 - Estelle's story

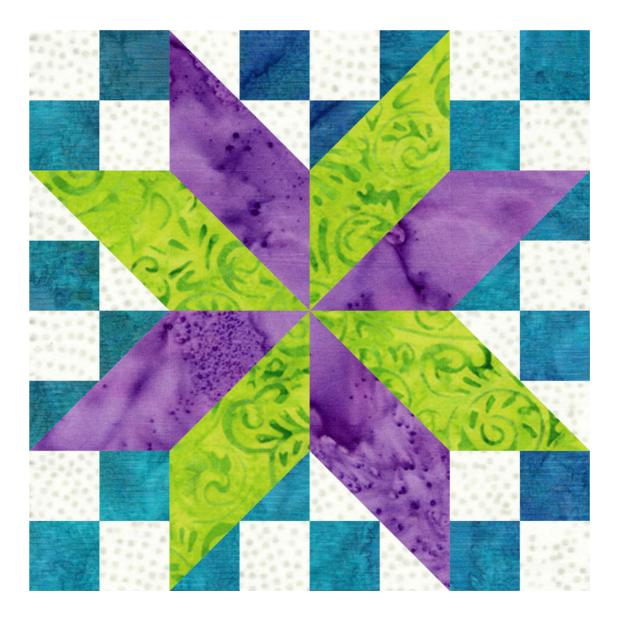
Tammy:

Estelle was my husband's other grandmother - Joan's mother. Wow, if two people could be complete opposites it was this mother/daughter duo. Joan was sporty, while Estelle (Grandmommy) was ladylike and quiet. I remember

chats in her cozy house next door to Joan, talking about birds, family, and her life. She was a real charmer.

Star and Cubes

Block 6 - Jeanette



Now that you've mastered the Shaded 4 patch unit, you can add a bit of interest to your Jeannette block by making four different Shaded 4 patch units.

If you're following the Studio 180 method, pay careful attention when you reach Step 5 of Page 1 Month 7. Because there are FOUR colorways (Color way 1, 2, 3 and 4) you will want to be sure to combine ONE A/J unit from Step 4 of Page 1 Month 7 with ONE large rectangle of Fabric I and then ONE A/J unit from Step 4 with Fabric K.

You'll repeat the process with the other (opposite) J/A units and large rectangles to make two each of the four DIFFERENT Shaded 4 Patch units.

If you are following the Basic piecing method, just pay attention to the color placement when making the units and when putting the block together!

This block is a stunner!

Block 6 - Jeanette's story

Tammy:

Jeanette was my mother's older sister. She was a second mother to me, and in fact I lived with her when I was in high school, and afterward she and my uncle were like grandparents to my children. Nanette, as my kids called her, loved khaki pants and vests (when she wasn't working).

The funniest thing I remember about her was how she would eat a dessert. I'll just have a little piece, she'd say. Ok, just one more little piece. Oh, I'd like just one more little piece. She could "little piece" her way through a lot of dessert!

Guest Designers

Each week, we will have guest quilt designers share a block they made from the Sisterhood quilt and share a story of an influential woman in their life.

Enjoy!



Block 6

from Deb Messina:

I'm dedicating my block to someone that I only knew for a few years. I met Jeanne when she was in her mid 80's. Very early one morning, she came walking down the pathway behind our house - carrying a giant garbage bag of cans and bottles. We stopped to say hi and introduced ourselves and then carried on with our early morning walk.

Little did I know that I had just met someone that I'd been following in the newspaper for years. She didn't mention it when we met, and I didn't make the connection until weeks later.

Jeanne had been a journalist for several local papers for many years.

I read her column every morning - and looked forward to what she had to say about life in our community and about the world at large. It never occurred to her to retire. She loved what she was doing and the connections that she made with people each and every day.

Jeanne started joining us most days for our early morning walks. As we walked and visited - I learned that those bags of bottles and cans she always had with her - were redeemed. The proceeds were donated to a classroom at our local grade school. Over the years she donated many thousands of dollars to provide extra resources for the students and the school programs that were in danger of being cut.

As I got to know Jeanne better through our daily walks - I had opportunities to meet her amazing children and others in the senior community she lived in. I learned quite a bit about her life story - it wasn't an easy journey, and she was quite the trailblazer in her time.

Her friendship was – and is very special to me. She had a way of encouraging and sharing great ideas. She helped talk me through lots of big decisions I had facing me at the time, without judging or telling me what decision I should make. I realized that she was the role model for the person I want to be when I grow older. Her energy, enthusiasm, generosity, and positive outlook on life continue to inspire me – even though she's been gone a few years now. I think of her quite often – she was and will always be someone I am honored to have as a friend.

Read more in Deb's blog post:
https://quiltblox.com/the-sisterhood-block-of-the-month/

Block 9

from Jennifer Fulton:

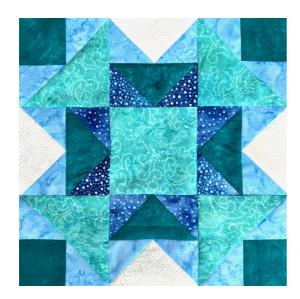
I made my block in honor of my friend Sherry, who helped me establish my quilting business. Sherry unselfishly shared her knowledge and expertise with me. More importantly, Sherry was always there with a sympathetic ear and a guiding hand whenever I needed it.

Jennifer's

website: https://www.inquiringquilter.c

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Block 26

from Annette Ornelas:

This block reminds me so much of my Mom, Annedore. It has many pieces and looks quite complicated and very much to the point. These cool colors were some of my mom's favorites. She was precise in everything she did and math, logic and especially efficiency were her specialty. She raised 3 children with the help of my grandmother while working full time.

My mom was an avid knitter and did not quilt, however, she quickly learned how to hand stitch my bindings. She enjoyed hand stitching the bindings so much I always had ready-to-bind quilts when she came for her yearly visits from Germany.

Annette's Website: www.southwindquilts.com

Thank you for reading our Quilt Along newsletter.

We appreciate all of you!

Thank you!

Don't forget- to make the quilt, you need to purchase the pattern!

Purchase PDF pattern

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Happy Quilting!

Kate Colleran Designs, LLC

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