



## Week 2 – Flying Geese!

We are so glad you are here with us for the sisterhood Quilt Along!

How did you do with last week's blocks?

If you post any images of your blocks on Instagram or FB, please be sure to tag us! @katecollerandesigns and @tamarinis. We want to see them!

**This week we will be making blocks 2, 11 and 13!**

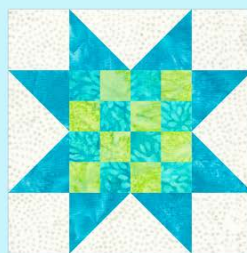
*A quick note of apology, my email provider had a hiccup and many of you received duplicate emails last week. I am so sorry about that. I have figured out the issue and it shouldn't happen again! Fingers crossed!*

**Block 2**



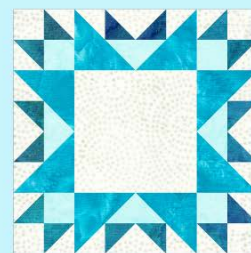
*Lorrie*

**Block 11**



*Mary*

**Block 13**

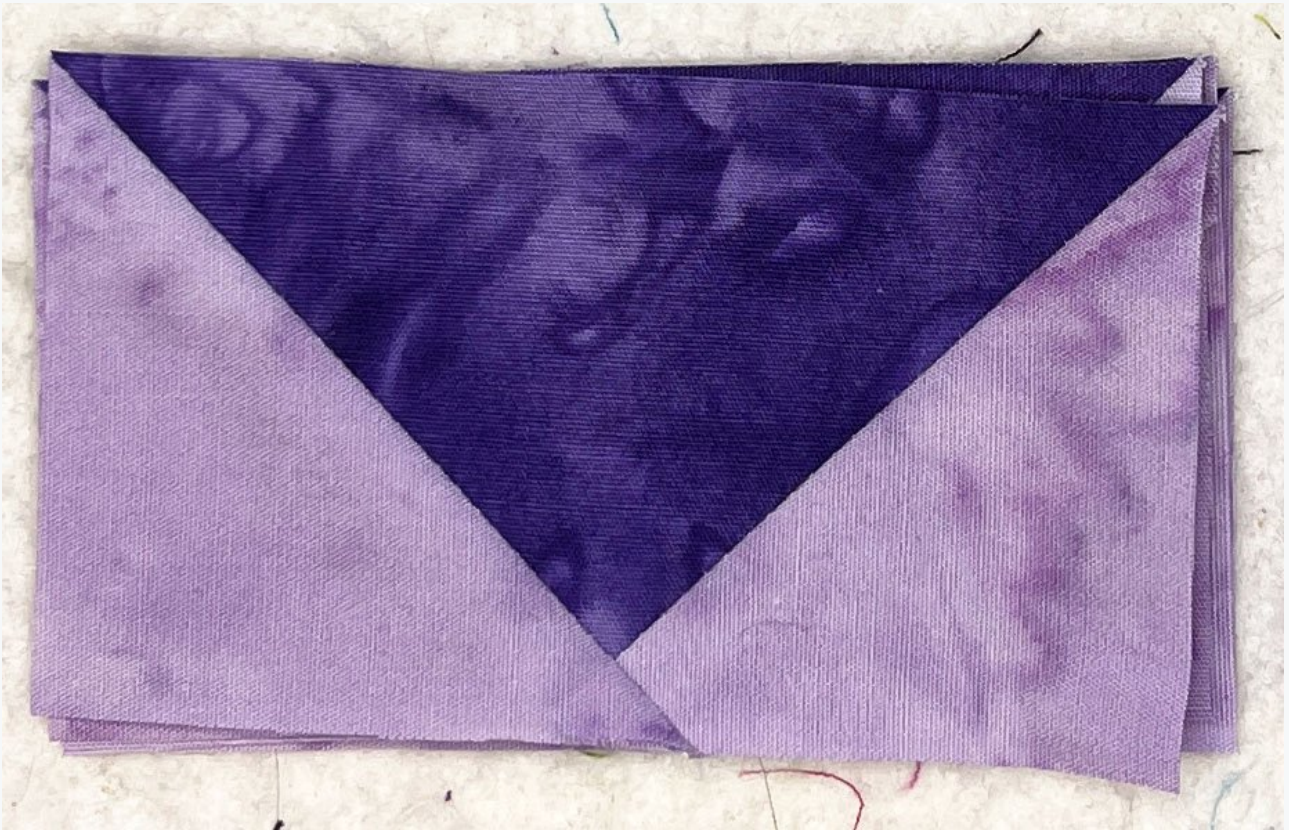


*Catherine*

*Just in case you haven't started yet, to be able to make the quilt, you do need the pattern! Click below for links to purchase either the paper pattern or the PDF version.*

[Purchase PDF pattern](#)

[Purchase Paper Pattern](#)



## Flying Geese

So... are you a lover or a hater of Flying Geese units? We love them! Really, they aren't hard!

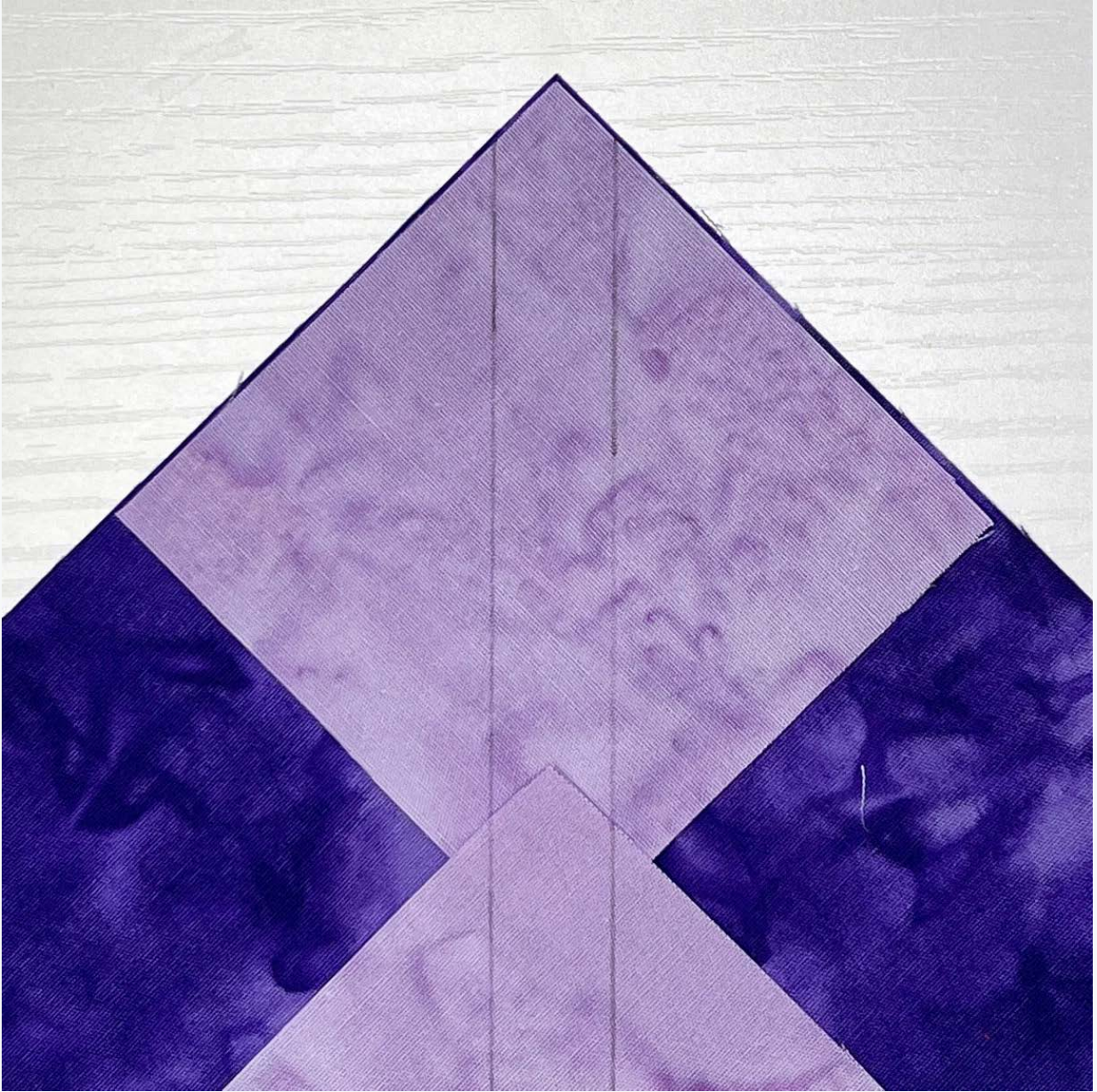
There are many many ways to make flying geese. For Sisterhood, we have used the Four at a Time or No Waste Flying Geese method (you may even know this method by another name).

This method uses one large square (the goose) and four small squares (the sky or wings) to make four flying geese units of equal size.

While these units can, as with the HST units, be made EXACT size, Kate and I both recommend making them slightly oversized and trimming down for the most accurate flying geese units possible.

If you've tried oversizing in the past and had trouble getting the units the proper size, you may not have used the tip of nudging the small squares in JUST A BIT from the edge of the large square. Trust us - that nudge makes ALL the difference!





You might want to go grab some scraps and make a few practice units before diving into your Sisterhood blocks! Practice will improve your accuracy.

If you want a bit more guidance or to see how making and trimming flying geese units works, you can see it in this video - link is below.

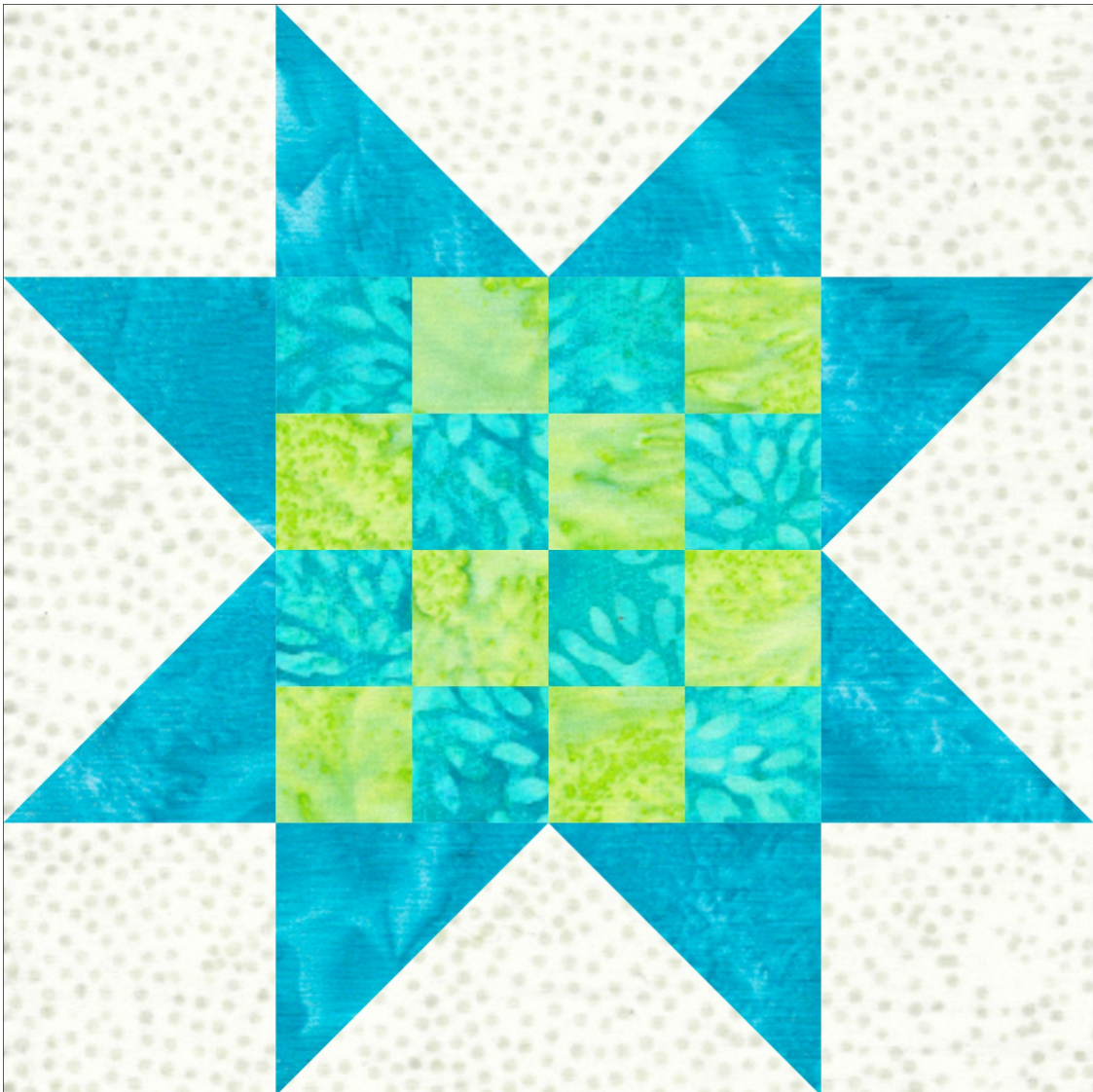
*Also, if you would like any additional FG unit tips, there are links below to Tammy's blog post on FG units and Kate's blog post on FG units.*

[Link to Tammy's FG Video](#)

[Link to Kate's blog post- FG units](#)

[Link to Tammy's blog post- FG units](#)

## Block 11 – Mary



As we did with the HST units, we recommend beginning with Mary. The flying geese units are larger, and you only need four.

Larger units are usually easier to work with, and provide a bit more “grace” when piecing.

## Block 11 – Mary's story

Kate:

Mary.. well, it is my mom' name but we chatted about mom in the last newsletter using her nickname! Today this block is for my husband's Aunt Mary.



Auntie Mary was a warm, loving woman who made me feel so welcome into the family. She loved my boys but when I had my daughter, the first girl in years, she was over the moon!

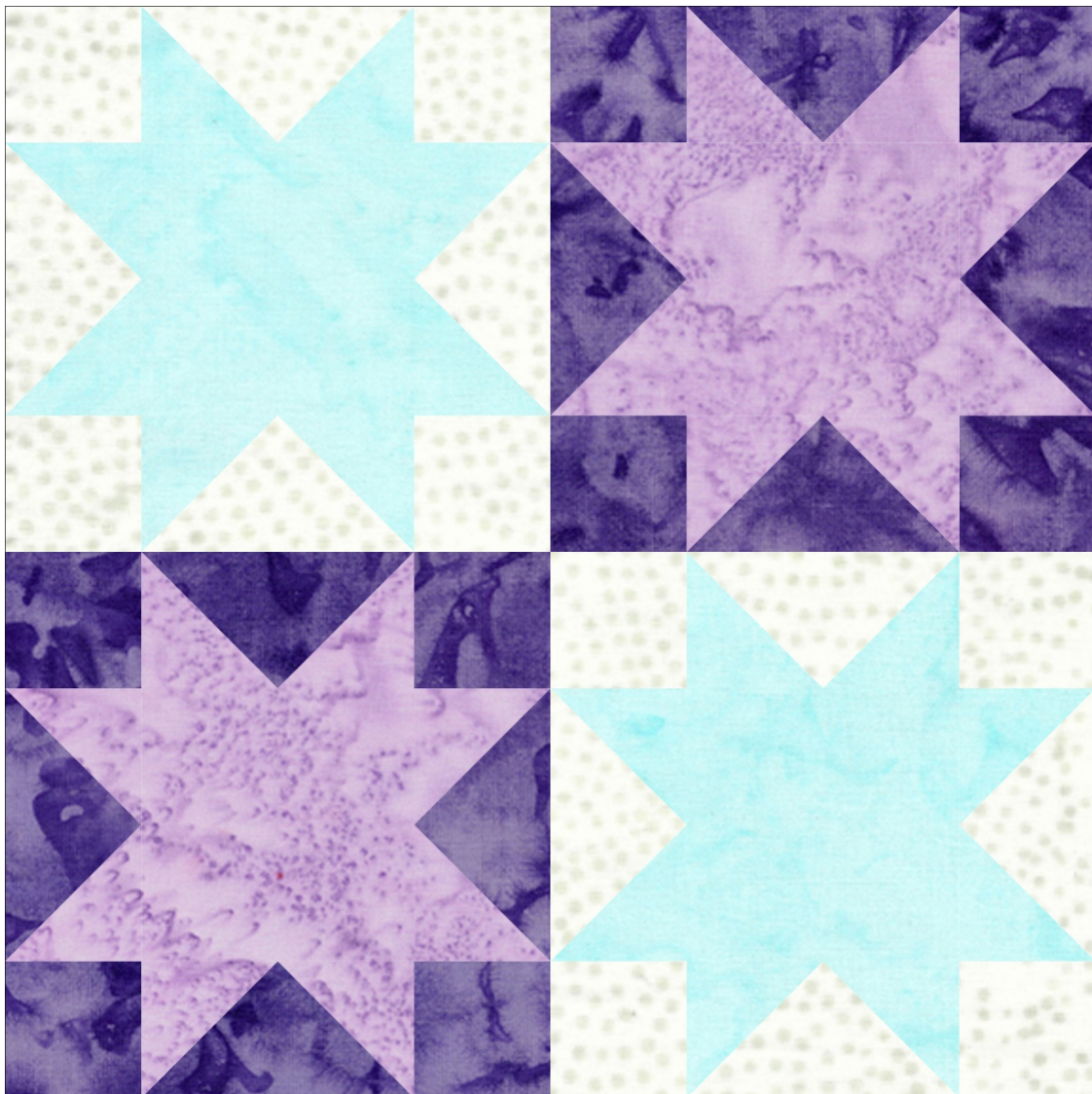
At one point, when Alyssa was in nursery school and I was working, I would drop Alyssa off at Mary's house and they would have some girl time and then Mary would take her to school.

Mary lived to be 96 years old! *But wait till you hear how old Catherine her sister lived!*

I want to be like her - fun, warm, loving and independent!

### Four Patch Variable Star

## Block 2 - Lorrie



Here's where you are going to become very comfortable with flying geese units. You'll get a chance to make eight in one color combination, and another eight in a darker color combination.

Yup - that means you are making sixteen flying geese units. But this is where the four at time really comes in handy!

## Block 2 – Lorrie's Story

Tammy:

Lorrie, my sister-in-law, is the person that got me started in quilting! She asked me to take a quilt class with her. I'll confess, I didn't want to.

Really. I was SUPER reluctant.

And the results from that class were sad - very very sad. But for whatever reason, the quilting bug had struck. I've been obsessed with quilting ever since. And I have dear Lorrie to thank for that!

Odd Fellows Chain

## Block 13 – Catherine



A few pointers here. Catherine is a bit more complex block. The flying geese units are paired with some half square triangles and quarter square triangles to make up the side units.

You'll notice that we did not oversize the Fabric A half square triangles or the Fabric E quarter square triangles. This is to ensure you get the correct size unit for adding the large Fabric M half square triangles. You can oversize the Fabric M half square triangle and trim the final side units down to the proper size.

Wondering what is the difference between a half square triangle (HST) unit and a half square triangle? A HST unit is made up of 2 half square triangles. When we made our HST units 2 at a time, we just sew the units before we cut so we don't have to deal with the bias.

Tips when working with half square and quarter square triangles:

- If you are worried about stretching the fabric, use a little spray starch before you cut to add some body to the fabric.
- Some people say to try to avoid pressing the bias edge until it is sewn into the unit you are making.
- This may sound weird, but when laying the triangle down and lining it up, pat it into place, don't pull. Sometimes using an awl instead of your fingers to move it around can lessen the pressure on the bias.
- Want a tip on cutting those diagonals? Click on the link below to go to my blog post about cutting squares on a diagonal!

[Kate's Blog post on Cutting Squares on the Diagonal](#)

## Block 13 – Catherine's story

Kate:

Catherine- to be honest, this block can be about my husband's Aunt Catherine, his dad's cousin Catherine, my sister in law, Kathleen... this is a popular name in our family!

Aunt Catherine was a character- she lead a very interesting life and her second (third?) career was as a teacher. So when my kids went to school, they always said they couldn't get away with anything because all their teachers knew Aunt Catherine!

When she was in her 90's she moved to an assisted living and would drive the golf cart around to take people to different areas of the complex. She told me she liked driving the "old" people!

She passed away just a couple of months ago at 99. She was amazing and I miss being able to chat with her.

Cousin Catherine was another warm loving member of the family. And Kathleen, my sister in law, was always one of my good friends!

A great name for lovely ladies!

## Guest Designers

Each week, we will have guest quilt designers share a block they made from the Sisterhood quilt and share a story of an influential woman in their life.

Enjoy!



### Block 2

#### **from Sarah Marcina:**

Meet Jessica; my mom's best friend and my "adopted" aunt. She was the epitome of an aunt. Aunt Jessica had Muscular Dystrophy and passed away when I was still in high school. I didn't realize the impact she had on me for quite some time though. She unknowingly taught me how to be happy and enjoy life to the fullest even with a disability. She taught me that everyone has something to give to others...no matter how small. She lived her faith day to day and her strength came from Jesus. Although she was weak and fragile but her personality was strong.

I wonder if I exude the same character as she did. I wonder if my little niece will one day be able to say the same things about me. I hope one day my niece will be able to say, "I know my Auntie Sarah had epilepsy but she didn't live life like she did." I can say with certainty, "My Aunt Jessica had Muscular Dystrophy but she didn't live life like she did." Although her day on earth were short, she lived each one to the fullest.

Sarah's website:

<https://www.quilted-diary.com>



## Block 11

### from Belle Brunner:

This block was made for my dear friend Jen. Do you have one of those friendships in which you always pick up where you leave off, one where you are there for each other in the best and worst of times? Although Jen and I have lived in different places most of our lives, we have always maintained this special friendship. We know each other on a level in which we can predict each other's actions and know what words are about to be said. We feel the pain in each other's hearts when trials occur and the joy that exists when life is good to us. We can be our raw true selves without fear of judgement. The halves of the inner block prints are slightly different, one representing her and one representing me. I'll be making this special block into a tote for my dear friend Jen.

Belle's Website:

<http://www.seamssewme.com/>



## Block 13

### from: Laura Piland

The very first person that comes to mind when I think of the word "sisterhood" is my very dear friend, Laura. Yes, we have the same name! We recently visited an ostrich farm and laughed until we cried. Her husband is in the Air Force, and they move often. She lives by the motto, "Bloom where you are planted," so I made my version of this block with her in mind!

Laura's Website:

<https://www.sliceofpiquits.co...>



# New Giveaway Winners!!!!

Our winners from last week did not respond to the newsletter so... we had to pick new winners! Be sure to look below to see if you won!

***If you won, you need to reply to this email with your full name and mailing address and what tool you would like BEFORE 9am Sunday May 1st!!!!***

***If we don't hear from you by then, we will pick another winner.***

***Or you can email Tammy directly: [info@tamarinis.com](mailto:info@tamarinis.com) or email Kate directly: [kate@katecollerandesigns.com](mailto:kate@katecollerandesigns.com).***



## **Fabric from Island Batik!!!!**

The winner of a stack of 12 Island Batik 1/2 yard cuts is:

**Renee H!!**

and her email starts with reenehay....

Renee - be sure to email us or respond to this newsletter to claim your goodie!!!! Let us know your mailing address.



## **A Studio 180 tool of Your Choice!**

The winner of a Studio 180 tool of her choice is...

**Terri S !!!**

and her email starts with quilterterri....

Terri- be sure to email us or respond to this newsletter to claim your goodie!!!! Let us know which Studio 180 tool you would like and your mailing address.

Thank you for reading our Quilt Along newsletter.

We appreciate all of you!

**Thank you!**

*Don't forget- to make the quilt, you need to purchase the pattern!*

Purchase PDF pattern

Purchase Paper Pattern

## Happy Quilting!



**Kate Colleran Designs, LLC**

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